



# DOAS Loss Control Bulletin

## November 2022

### Topic of the Month: Holiday Safety Tips

## *“MAKING A LIST, CHECK IT TWICE: Tips for Celebrating Safely this Holiday Season”*



shutterstock.com: 1855892537

### THANKSGIVING SAFETY TIPS:

- ✓ Maintain your car if you are traveling for the holidays i.e. Check the tires, fluids, wipers etc. Provide ample time at the airport if you are traveling by air.
- ✓ Avoid posting your trip plans online.
- ✓ Never leave cooking food unattended on the stove.
- ✓ Thaw a frozen turkey safely in the refrigerator allowing 3-4 days of thawing or approximately one day for every 5 pounds. Another way to safely thaw it, is to submerge it in cold water. Replace the water every 30 minutes.
- ✓ Fry Turkeys only on the outside.
- ✓ Wash your hands frequently when handling food.
- ✓ Use separate cutting boards, plates and utensils for uncooked or cooked meats and other prepared food dishes, to prevent cross-contamination.
- ✓ Refrigerate all leftovers within 2 hours after cooking them. Leftovers should be eaten within 3 to 4 days. If you are going to freeze leftovers, do it right away. Do not refrigerate a week and then freeze.

### Christmas Safety Tips:

- ✓ Always keep two hands and one foot, or two feet and one hand on the ladder (3 Points of Contact). •Place the ladder on a solid surface and never lean it against an unstable one. •Don't lean or reach while on a ladder and have someone support the bottom. Falls, Slips, Trips are nearly **one out of every four injuries** for the State of Georgia. Falls are the #2 cause of death from at home injuries behind poisoning/drug overdoses.
- ✓ Replace old Christmas lights and use them correctly. Look for frayed cords.
- ✓ Be mindful of poisonous plants such as mistletoe.
- ✓ Don't Make the tree a fire hazard. Make sure a freshly cut tree has 2" cut from its trunk before bringing it home and make sure there is water always in the tree stand. If you buy an artificial tree, make sure it is labeled "fire resistant."

**Thank you for your efforts to make Georgia a safer place to work.**

- ✓ Properly secure the tree.
- ✓ Don't burn wrapping paper in the fireplace. Always use a fire screen.
- ✓ Make sure candles are in a stable holder that can't be easily knocked down and never leave them burning unattended.
- ✓ Hang breakable ornaments at the top of the tree and out of the reach of the young ones.
- ✓ Watch out for online shopping fraud. Look for reputable/secure sites and pay attention to the https, the "s" is for secure.
- ✓ Discreetly discard your Christmas Gift Purchases boxes. You don't want to invite uninvited guests in your home post-Christmas.
- ✓ When shopping at the mall, avoid leaving packages on the seat of the car. Place them in the trunk of the car and preferably before you go to your next shopping stop.

**Thank you for your efforts to make Georgia a safer place to work.**